

Inquisitive Rigor Efficient Cheerful
Innovative Relevant

UCEC News YOU can USE

Vigorous Patient
Flexible Insightful Nurturing
Safe Adventurous Open-minded
Protected



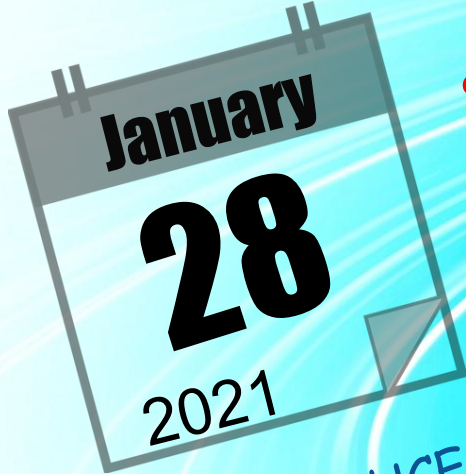
#CycloneProud

Engaging Approachable

Start College Early



APPLY to UCEC



Save Money

**LEARN MORE
& SIGN UP**



Small Class Sizes

*Attend High School on
a College Campus*

*Earn an Associates
Degree while in High
School for **FREE!!***

*Transportation is
provided*

Attend UCEC's
Information Night
6:30-7:30 pm

[https://forms.gle/x
LAQLUodccSngqGq6](https://forms.gle/xLAQLUodccSngqGq6)

Apply to UCEC

<https://ucpsncc.scribborder.com/>



**FREE
College**

**Small
Classes**

UCEC

This is the Way

**Challenging
Classes**

**Earn
Associates
Degree**

[Click here to learn how to APPLY](#)

**SPCC
Partnership**

**Gateway
to
Wingate**

Be a mime

Lip-sync

Perform a Magic Act

Rap

**Sign up to participate in the UCEC
Talent Show! ALL acts are welcomed**

Sing Acapella

Art

Speech

Cheer-leading

Comedy

Create a Skit

Create a Tik-Tok video

Dance

Yo-Yo

Paint a Picture

Perform

Tricks

SING

Poetry

EMAIL ted.gehring@ucps.k12.nc.us

**UCEC
GOT
TALENT!**

Morning Announcements

What's
going on
@ UCEC?

MON - THUR

@ 10:15am

NEWS

YOU CAN USE

CLICK
HERE

Join Microsoft Teams Meeting



Coffee with Counselors!



MON - THUR

9:30-10:15



UCEC School Counseling Canvas Page



Chat

CYCLONE HOUR

Kahoots

EVERY FRIDAY

Games

**CLICK
HERE**

11:30am -
12:30pm

Socialize

[Join Microsoft
Teams Meeting](#)

Fun

#CycloneProud

Educational

LUNCH on US!!!

Free Lunch now available for ALL UCPS students until May 28, 2021!



Curbside Meal Pickup 

Friday curbside service includes 3 complimentary lunches and 3 complimentary snacks to be enjoyed over the weekend. Complimentary meals are free of charge for the remainder of the school year.

Curbside locations are as follows:

Cuthbertson High
Parkwood Middle
Rocky River Elementary
Porter Ridge Elementary
Forest Hills High
Monroe Middle
Sardis Elementary
Shiloh Valley Primary

**Monday - Friday
11am - 1pm**

UCEC FAST FACTS

SPRING 2021 Edition

UCEC High School Classes will begin January 4, 2021

High School classes can be found on PowerSchool

Students can see if they are registered for Virtual Academy or Plan B via PowerSchool

Students who are scheduled to attend school 2 days a week (Plan B) will notice Academy A or Academy B in PowerSchool.

**Academy A
Monday & Tuesday**

**Academy B
Wednesday & Thursday**

If you are a 10th-13th grader you will need to check your SPCC GO account to see your college courses.

SPCC Classes will begin on Monday, January 8th.



UCEC Bell Schedule & Report days

Teacher Planning	8:50 - 9:50
Student arrival & screening	9:50 - 10:20
1st Block	10:20 - 11:40
2nd Block	11:45 - 1:05
Lunch	1:05 - 1:30
3rd Block	1:35 - 2:55
4th Block	3:00 - 4:20

Last name	Day of the week
A DAY	Monday
A DAY	Tuesday
B DAY	Wednesday
B DAY	Thursday
Remote Learning day	Friday

UCEC Doors Opens @ 9:20am

PLAN B (ONLY)

Face to Face Instruction
2 days a week!

A-Day
Monday & Tuesday

B-Day
Wednesday & Thursday

Student Check your Power School!
Academy A = A-Day
Academy B = B-Day

Monday
January 4, 2021

PLAN B

START TIME
9:50am

END TIME
4:20pm

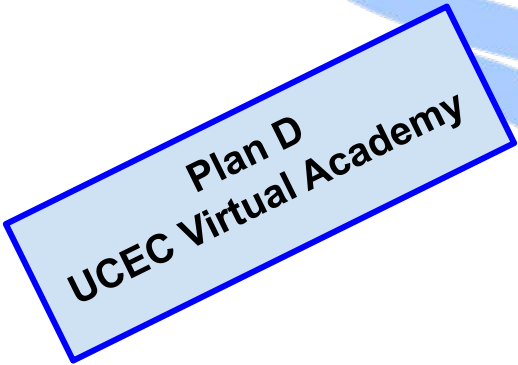
DOORS OPEN 9:20am



SPRING
2021

UCEC PLAN C Virtual Schedule

Time	Monday - Thursday	Life of a UCEC Virtual Cyclone!	Friday
8:30 - 9:30	Canvas\Email Check in	After eating breakfast check your class canvas pages and emails to get your day started.	Remote Learning Day
9:30 - 10:15	Coffee with Counselors	During this time you can chat with our School counselors about any of your needs. Go to the UCEC Counseling page for the link. #BringYourOwnCoffee	
10:15 - 10:20	Morning Announcements	Every morning get all the NEWS YOU CAN USE via Microsoft Teams!	
10:30 - 11:30 1st BLOCK	Virtual Instruction	Virtual classes will meet a minimum of two times a week. Please check with your teacher and Canvas page for days/times.	
11:45 - 12:45 2nd BLOCK	Virtual Instruction	Virtual classes will meet a minimum of two times a week. Please check with your teacher and Canvas page for days/times.	
12:45 - 1:45	LUNCH	Lunch on your own, but check out our many free lunch sites via our website and News You Can Use!	
1:50 - 2:50 3rd BLOCK	Virtual Instruction	Virtual classes will meet a minimum of two times a week. Please check with your teacher and Canvas page for days/times.	
3:00 - 4:00 4th BLOCK	Virtual Instruction	Virtual classes will meet a minimum of two times a week. Please check with your teacher and Canvas page for days/times.	
4:00 - 4:20	Canvas\Email Check in	Once last check to make sure all assignments are accounted for!	



UCEC Virtual Academy			
Monday/Wednesday (MW)		Tuesday/Thursday (TR)	
1st Block 10:30 - 11:30		1st Block 10:30 - 11:30	
Class	Teacher	Class	Teacher
English 4	Mrs. Lashley	World History	Mr. Gehring
English 2	Ms. Williams	Math 3	Mrs. Meissner
Chemistry	Mrs. Dahl		
2nd Block 11:45 - 12:45		2nd Block 11:45 - 12:45	
Class	Teacher	Class	Teacher
Math 2	Mrs. Davis	English 3	Ms. Williams
		Earth Science	Mr. Waters
3rd Block 1:50 - 2:50		3rd Block 1:50 - 2:50	
Class	Teacher	Class	Teacher
Advanced Inquiry Research	Mr. Adams	Civics	Mr. Gehring
American History 2	Ms. Cook	Math 4	Mrs. Roncone
4th Block 3:00 - 4:00		4th Block 3:00 - 4:00	
Class	Teacher	Class	Teacher
Career Management	Mrs. Hollis	Health/PE	Mr. Roncone

OVERWHELMED?

Support is available

FREE COUNSELING ANYTIME

If you think you might benefit from the guidance of a professional counselor for any life issue, take advantage of the free, confidential resources of your Student Assistance Program.

The SAP allows you to connect with counselors in your area for virtual, phone or face-to-face appointments. It is a safe and secure way to get short-term counseling on issues including:

- Managing stress
- Relationship issues
- Anxiety, depression
- Self esteem
- School, work or life issues
- Family concerns
- Grief, trauma, loss
- Substance abuse

As with all services of the Student Assistance Program, counseling sessions are completely confidential.

ONLINE RESOURCES

You can also visit the website to read thousands of helpful articles, use online training programs and complete self-assessments on stress and health.



Free Counseling Services for SPCC enrolled UCEC students

<https://spcc.edu/student-resources/student-assistance-program/>



Your Student Assistance Program provides students free, confidential access to a professional counselor 24 via phone or internet.

CALL: 800 633-3353

LOG ON TO: www.mygroup.com

USERNAME: spccsap

PASSWORD: guest

**SPRING
2021**

ACADEMIC SUPPORT CENTER

**Need extra
support in
your College
classes?**

The SPCC Academic Support Center is an interactive, online learning assistance platform that seeks to serve students, faculty and staff by providing convenient, anytime access to learning support opportunities in a nurturing environment that promote academic success, while supporting the College mission of learning, student success, and workforce and community development.

**All appointments are currently
online via WOnline, Skype,
email, or telephone.**

**Tutors can assist with CIS 110, Spanish, psychology,
history, sociology, study skills, TEAS Test prep and
more. Contact us for more information: 704-290-5239.**



**SPRING
2021**

UCEC Plan B Safety

Every staff, students, and visitors will be screened before entering the building.

- COVID 19 Questions
- Temperature check

Every staff, student, and visitor will be required to wear a mask.

Social distancing will be practiced in every classroom and during transitions.

Rooms and highly touch surfaces will be disinfected often and school cleaned each day.

UCEC will encourage frequent handwashing and use of sanitizer.

Do NOT wear a mask



Around your neck



On your forehead



Under your nose



Only on your nose



On your chin



Dangling from one ear



On your arm

#CycloneSmart

HELP US **STOP THE SPREAD**



IF YOU HAVE SYMPTOMS
such as cough, fever or breathing problems,
please DO NOT ENTER.



FACE COVERINGS
Masks/face coverings are required for entry.



AVOID TOUCHING
your mouth, nose and face with your hands as
well as any potentially contaminated surface
like hand rails, etc.



PHYSICAL DISTANCE
Maintain a distance of 6 feet away from other
people.



WASH YOUR HANDS
with soap and water or use alcohol based
sanitizer.

WE ARE UCEC!

#CycloneSafe

#CycloneStrong
#CycloneProud

Here Comes the BUS!!!

Here Comes the Bus is a free service and enables you to:

- See the location of your child's bus both before and after school
- Confirm that your child's bus has arrived at the bus stop, at school or both
- Receive a push notification* or email message when the bus is near your stop, has been substituted, or when we have important information to relay

Visit

<https://herecomesthebus.com/>

The Union County Public Schools

5-digit code is 74436.



Technology Services

Technology Services Support Links

- [Technology HelpDesk](#) (Intranet Only)
- [Technology Help Desk Tutorial](#)
- [iForgot Self-Service Password System](#)
- [UCPS Student User Lookup Tool](#)
- [Teacher Start Up Page \(High\)](#)
- [Google Meets Instructions](#)

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UCEC Contacts

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Principal

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QUESTIONS?

Please click on the question image or link below if you have any unanswered questions, comments, or concerns and we will get back to you ASAP. Thank you for your patience.



shorturl.at/ctuJS